



SALAD MENU

CHOOSE YOUR SALAD

| | |
|--|--------------|
| Brown Rice - Raisins, Pumpkin Seeds, Peanuts | GDF VEGAN |
| Satay - Cauliflower, Broccoli, Coriander | GDF VEGAN |
| Raw Energy - Beetroot, Carrot, Seeds, Almonds | GDF VEGAN |
| Asian Slaw - Cabbage, Sprouts, Coriander, Peanuts | GDF VEGAN |
| KDO - Kumara, Date, Orange | GDF VEGAN |
| Curried Potato - Egg, Spring Onion, Parsley, Mayonnaise | GDF VEGE NF |
| Basil Pesto Pasta - Roast Veggies, Feta, Spinach | VEGE |
| Broccoli - Bacon, Cashew, Red Capsicum Mayo | GDF |
| Roast Vege - Rocket, Hemp Seed, Smoked Paprika Aioli | GDF VEGE NF |
| Beetroot - Feta, Walnut, Rocket - GF Vegetarian | GF VEGE |
| Soba Noodle - Crisp Veggies, Peanuts, Soy, Sesame | DF VEGAN |
| Caesar - Cos Lettuce, Egg, Bacon, Parmesan, Croutons | GF DF OPTION |
| Broccoli Slaw - Carrots, Currants, Cranberry Dressing | GDF VEGAN NF |
| Garlic Potato - Feta, Lentils, Peas, Spinach | GDF VEGAN NF |
| Sundried Tomato Pesto Pasta - Rocket, Feta, Pumpkin | VEGE |
| Roasted Pumpkin Beetroot Quinoa - Cashews, Currants, Pumpkin Seed | GDF VEGE |
| Kumara Corn - Pickled Ginger, Coriander, Rocket, Cashews, Sesame | GF/DF/VEGAN |
| Broccoli Chilli Spaghetti - Broccoli, Peas, Chilli Oil | DF/VEGAN |
| Summer Curried Potato - Peas, Carrot, Corn, Spinach | DF/GF/VEGAN |

CHOOSE YOUR SIZE

| | |
|-----------------------|----------|
| Small (8 - 10 pax) | \$50.00 |
| Medium (10 - 15 pax) | \$70.00 |
| Large (20 - 30 pax) | \$90.00 |
| Extra Large (40+ pax) | \$120.00 |

GDF = GLUTEN FREE & DAIRY FREE
GF = GLUTEN FREE
DF = DAIRY FREE
NF = NUT FREE

PRICES INCLUDE GST
SERVED IN ECO-FRIENDLY
DISPOSABLE CONTAINERS

CATERING@HONESTKITCHEN.CO.NZ

06 345 0899

44 RIDGWAY STREET, WHANGANUI



BREAKFAST MENU

BUILD YOUR OWN BREAKFAST OR ADD TO THE SET MENU

| | | |
|---|-----------|---------|
| Chia cup | GDF VEGAN | \$8.00 |
| Rhubarb & apple crumble cup | VEGE | \$8.00 |
| Bircher muesli cup | DF VEGAN | \$8.00 |
| Bacon & Egg cup w relish | GF | \$8.00 |
| Mini cheese or date & orange scone | VEGE | \$4.50 |
| Ham, brie & tomato croissant | | \$15.00 |
| Pesto, spinach, tomato & brie croissant | VEGE | \$15.00 |
| Warm croissant w whipped butter & jam | VEGE | \$12.00 |

MORNING TEA PACKAGE

\$13.50 PP

Bacon & egg pie
Sausage roll
2 x sweet treat squares

GDF = GLUTEN FREE & DAIRY FREE
GF = GLUTEN FREE
DF = DAIRY FREE
NF = NUT FREE

PRICES INCLUDE GST
SERVED IN ECO-FRIENDLY
DISPOSABLE CONTAINERS

CATERING@HONESTKITCHEN.CO.NZ

06 345 0899

44 RIDGWAY STREET, WHANGANUI



HOTPOT MENU

CHOOSE YOUR HOTPOT

| | |
|--|--------------|
| Smoked Fish Pie with Creamy Mash | GF OPTION NF |
| Chicken Hotpot with Crunchy Top | NF |
| Rich Beef Casserole with Creamy Mash | GF NF |
| Potato, Egg & Bacon Cheesy Bake with Asparagus | NF |
| Macaroni Cheese with Bacon | NF |
| Beef Lasagne | NF |
| Vegetarian Lasagne | GF NF |
| Spaghetti Bolognese | NF |
| Creamy Carbonara - Chicken & Mushroom | NF |
| Creamy Carbonara - Bacon & Mushroom | NF |
| Sundried Tomato & Olive Spaghetti | VEGAN NF |
| Sundried Tomato & Roasted Cauliflower Pasta Bake | VEGE NF |
| Thai Red Chicken Curry | GDF |
| Thai Red Vegetable Curry | GDF VEGE |
| Thai Green Chicken Curry | GDF |
| Thai Green Vegetable Curry | GIF VEGE |
| Chicken Korma Curry | GDF |
| Vegetable Korma Curry | GDF VEGE |
| Blue Cheese, Spinach & Mushroom Risotto | GF |
| Green Veggie Risotto | GF VEGE |

CHOOSE YOUR SIZE

| | |
|--------------------|---------|
| Medium (4 - 6 pax) | \$70.00 |
| Large (8 - 10 pax) | \$80.00 |

GDF = GLUTEN FREE & DAIRY FREE
GF = GLUTEN FREE
DF = DAIRY FREE
NF = NUT FREE

PRICES INCLUDE GST
SERVED IN ECO-FRIENDLY
DISPOSABLE CONTAINERS

CATERING@HONESTKITCHEN.CO.NZ

06 345 0899

44 RIDGWAY STREET, WHANGANUI



FINGER FOOD MENU

BITE SIZE

| | | |
|---|---------|--------|
| Bacon & Egg Squares | | \$5.00 |
| Pork & Apple Sausage Rolls | | \$5.00 |
| Chickpea & Tomato 'Sausage' Rolls | VEGE | \$5.00 |
| Spinach & Feta Filo Triangles | VEGE | \$5.00 |
| Chicken & Mushroom Filo Cigars | | \$5.00 |
| Chicken Kebabs with Satay Sauce | GDF | \$5.50 |
| Mini beef meatballs with a sweet chili mayo | GDF | \$5.50 |
| Gourmet Stuffed Potatoes with Roast Pumpkin, Brie, Feta & Spinach | GF | \$5.50 |
| Vegetarian Crostini topped with Caramelised Onion & Blue Cheese | GF VEGE | \$5.50 |
| Pork Belly Baby Bao Bun w Asian Slaw | | \$6.00 |
| Crispy Tofu Baby Bao Bun w Asian Slaw | DF VEGE | \$6.00 |

MINI ROLLS

| | | |
|--------------------------------------|------|--------|
| Sundried Tomato, Feta & Rocket | VEGE | \$6.00 |
| Pesto Chicken, Swiss Cheese & Rocket | | \$6.00 |

MINI WRAPS

| | | |
|------------------------------------|------|--------|
| Bacon, Egg & Salad | | \$6.00 |
| Thai Chicken & Slaw | | \$6.00 |
| Roast Vegetables with Feta & Pesto | VEGE | \$6.00 |

SWEET TREAT

| | | |
|-----------------------------|----|--------|
| 3 x bite sized sweet treats | | \$7.00 |
| 3 x bite sized sweet treats | GF | \$7.20 |

GDF = GLUTEN FREE & DAIRY FREE
GF = GLUTEN FREE
DF = DAIRY FREE
NF = NUT FREE

PRICES INCLUDE GST
SERVED IN ECO-FRIENDLY
DISPOSABLE CONTAINERS

CATERING@HONESTKITCHEN.CO.NZ

06 345 0899

44 RIDGWAY STREET, WHANGANUI



LUNCH MENU

BUILD YOUR OWN LUNCH OR ADD TO THE SET MENU

| | | |
|--|-----------|------------|
| Platter of Champagne Carved Ham | GF | \$7.50 PP |
| Platter of Sliced Stuffed Chicken Breast | GF | \$8.50 PP |
| Falafels | GDF VEGAN | \$4.50 EA |
| 3 HK Salads of choice | | \$12.00 PP |
| 3 Bite Sized Sweet Treats | | \$7.00 PP |
| 3 Bite Sized Sweet Treats | GF | \$7.20 PP |

LITE GRAZING PACKAGE \$14.50 PP

Chicken & mushroom filo triangle
Crispy pork belly baby bao bun
2 x sweet treat squares

VEGE LITE GRAZING PACKAGE \$14.50 PP

Spinach & feta filo triangle
Crispy tofu baby bao bun
2 x sweet treat squares

GF/DF LUNCH PACKAGE \$21.00 PP

Mini beef meatballs with sweet
chili mayo
Moroccan chicken kebabs w
coconut raita
Baby stuffed potatoes w
sundried tomato, roast pumpkin
& spinach 2 x sweet squares

GF/VEGAN LUNCH PACKAGE \$22.00 PP

Tofu & asian slaw wrap
Falafel
Roast vege roll
2 x GF sweet treat squares

LUNCH GRAZING PACKAGE \$20.00 PP

Bacon & egg pie
Moroccan chicken kebab with
satay sauce
Mini roll with pesto chicken,
swiss cheese & rocket
2 x sweet treat squares

WINTER WARMER PACKAGE \$22.00 PP

Hotpot of your choice

- Choice of 2 for over 10pax

Asian slaw
Warm buffet roll with whipped
butter
2 x sweet treat squares

LUNCH SPECIAL \$28.00 PP

Your choice of protein

- Stuffed chicken breast/champagne
ham/falafel

Your choice of 3 salads

- From salads menu

2 x sweet treat squares

GDF = GLUTEN FREE & DAIRY FREE
GF = GLUTEN FREE
DF = DAIRY FREE
NF = NUT FREE

PRICES INCLUDE GST
SERVED IN ECO-FRIENDLY
DISPOSABLE CONTAINERS

CATERING@HONESTKITCHEN.CO.NZ

06 345 0899

44 RIDGWAY STREET, WHANGANUI